FIRST AID
All cards and/or certificates must be renewed per certifying agency's requirements. Completely online courses are not accepted. All courses must include hands-on learning. Review courses are only accepted with proof of taking initial course. Participant must possess a current certificate (or equivalent) in order to take a review course. Challenge courses are not accepted by NYSED.

1. **NYS Education Department**
   An approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years) (http://www.nysed.gov/curriculum-instruction/approved-coaching-courses-information - click on Approved Coaching Courses).

2. **American Red Cross** (Note: Additional course modules may be on card, but only the core course is considered for acceptance)
   - Emergency Medical Response
   - Lifeguarding
   - Responding to Emergencies First Aid
   - Responding to Emergencies Adult and Child First Aid/CPR/AED
   - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
   - Shallow Water Lifeguarding (up to 5 ft.)

3. **American Safety & Health Institute (ASHI)**
   - Advanced First Aid

4. **Emergency Care & Safety Institute (ECSI)**
   - Advanced First Aid, CPR and AED
   - Sports First Aid and Injury Prevention (NYS Coaches)
   - Wilderness First Aid

5. **National Safety Council (NSC)**
   - Advanced First Aid, CPR and AED

6. **NYS Department of Health (DOH) – Bureau of Emergency Medical Services**
   - Certified First Responder

ADULT CARDIOPULMONARY RESUSCITATION (CPR), (AED)
All cards and/or certificates must be renewed per certifying agency requirements. Completely online courses are not accepted. All course must include hands-on learning. Review courses are only accepted with proof of taking initial course. Participant must possess a current certificate (or equivalent) in order to take a review course. Challenge courses are not accepted by NYSED.

1. **NYS Education Department** approved agency that offers CPR using the NEW SED course outline and time requirements: 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid). (Check at http://www.nysed.gov/curriculum-instruction/approved-coaching-courses-information - click on Approved Coaching Courses).

2. **American Heart Association Courses (AHA) Core Courses** (Note: May include RQI credentials in addition to core course name)
   - Advanced Cardiac Life Support (ACLS)
   - Basic Life Support (BLS Provider)
   - Heartsaver CPR/AED (title may include “Pediatric,” “K-12 schools” or “First Aid”)

3. **American Red Cross Courses** (Note: Additional course modules may be on card, but only the core course is considered for acceptance)
   - Adult CPR/AED (Note: for high school level coaches only)
   - Adult & Child CPR/AED
   - Adult & Pediatric CPR/AED
   - Basic Life Support for Health Care Providers (BLS)
   - CPR/AED for Professional Rescuers and Health Care Providers
   - CPR/AED for Professionals (title may or may not include the term “rescuer”)
   - Emergency Medical Response
   - Lifeguarding
   - Lifeguarding/First Aid/CPR/AED
   - Responding to Emergencies Adult First Aid/CPR/AED (Note: for high school level coaches only)
   - Responding to Emergencies Adult and Child First Aid/CPR/AED
   - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
   - Shallow Water Lifeguarding (up to 5 ft.)/First Aid/CPR/AED

4. **American Safety & Health Institute (ASHI)**
   - Adult CPR/AED (for high school coaches only); Adult and Child CPR/AED; or Adult and Child and Infant CPR/AED

5. **Emergency Care & Safety Institute (ECSI)**
   - First Aid, CPR and AED
   - Sports First Aid & Injury Prevention – NYS Coaches
   - Health Care Provider CPR & AED

6. **National Safety Council (NSC)**
   - Adult and Child CPR & AED; or Adult Child and Infant CPR/AED
   - Advanced First Aid, CPR & AEDP
   - BLS Healthcare and Professional Rescuer

7. **NYS Department of Health (DOH) – Bureau of Emergency Medical Services**
   - Bureau of Emergency Medical Services Certified First Responder

Contact the Associate in Physical Education for questions 518-474-5922