

Seneca Falls Central School District
Athletic Department
95 Troy Street, Seneca Falls, NY 13148
(315) 568-5500 ext. 2134

Dear Parents/Guardians;

New York Education Law requires a health examination for all students when they participate in a sports program. The examination must be completed by a New York State licensed physician, physician's assistant, or Nurse practitioner, and on the approved NYSED Student Health Examination Form for school.

We have been directed by the District's school Physician that all school physicals, including sports physicals, should be performed by your child's primary care physician. We recognize this is a change from prior years. However, in the best interest of your child's health, please contact your family physician as soon as possible to have the necessary physical prior to the start of the sports season. Sports physicals can also be used as the grade level physical, required in grade 7, 9 and 11.

All sports physicals must be completed with the appropriate written documentation submitted to the school nurse prior to students being allowed to practice.

Start Dates for Fall Sports:

- **JV and Varsity — August 13, 2018**
- **Modified Football — August 20, 2018**
- **All other Modified Sports — August 27, 2018**

Students in grades 7 and 8 who are asked to try out for a JV or Varsity sport must meet the NYS Athletic Placement Process (APP), and the initial portion of that must be completed by the student's physician.

If for some reason you are unable to have your child seen by their primary care provider, the school's health provider (Finger Lakes Health) will be available July 31st and August 1st for sports physicals. They will take place in the middle school health office between 8 am and 11 am.

For your convenience, a physical form will be provided. If you have questions, please call the Health Office at (315) 712-0511. Physical forms can be faxed to the Health Office at (315) 712-0588.

Thank you,
Vickie Gavidia, RN
School Nurse